

Part one of the canoe route starts downriver Stockamöllan. For those of you who did not rent your canoes from Kanotcentralen i Stockamöllan, the route starts at point one: Gunnaröd.

**1 The Gunnaröd camping site and public launching site.**

This cozy and well equipped camping site is located on the right hand side of the river. Be cautious when passing under the bridge, there is a big stone in the middle of the river groove just after the bridge.

**2 Billigemölla**

Pull the canoe up on the left hand side before the bridge for about 60 meters of land transport. Avoid paddling through the rapid! You are now in a nature reserve – and although it is strictly forbidden to spend the night here – you are welcome to stop and take a break. Make sure to collect all your garbage and take it with you before leaving the area. There are several fallen trees in the river groove between Billigemölla (#2) and Natthall (#5) – watch out!

**3** Three currents offer shallow rapids. Pull the canoe up on land and reconnoiter if you feel unsure

**4** Fallen trees. Keep to the left.

**5** ATTENTION! The rest stop by Natthall is no longer in use. Paddlers are directed towards Anderstorp (#7).

**6 The Djupadalsmölla assembly point 1-day trip (12 km, 3-4 hours)**

It is forbidden to step ashore on the left and right hand side before the bridge – as well as the left hand side after the bridge. There's a private camping site on the right hand side before the bridge that is unavailable to the public. Pull your canoe up on the right after the car bridge (for a land transport of about 100 m downstream) to continue paddling. Follow the Kanotcentralen signs. If you have chosen to paddle the 1-day route, you will be leaving your canoes at the Djupadalsmölla assembly point (as you have been instructed to do).

**7 The Anderstorp camping site**

This is the first camping site of the canoe route. Located on the left side of the river, this camping site is equipped with two shelters and fire places. The camping site is placed under bare sky. If you wish to spend the night in the woods, please continue paddling towards the next available camping area (Riseberga #11).

**8** Pass through the vault bridge in Forestad. Choose the most appropriate vault passage.

**9** Avoid the channel to the far left in the beginning of the rapid. The main groove is shallow and full of stones.

**10** Paddle into the right groove in the beginning of the rapid.

**11 The Riseberga camping site**

The second camping site of the canoe route, located inside the woods on the left hand side of the river. Here you will find two shelters and fire places.

**12** Keep to the left in the rapid

**13** Avoid going ashore in Spängen

**14** Shallow and plenty of stones

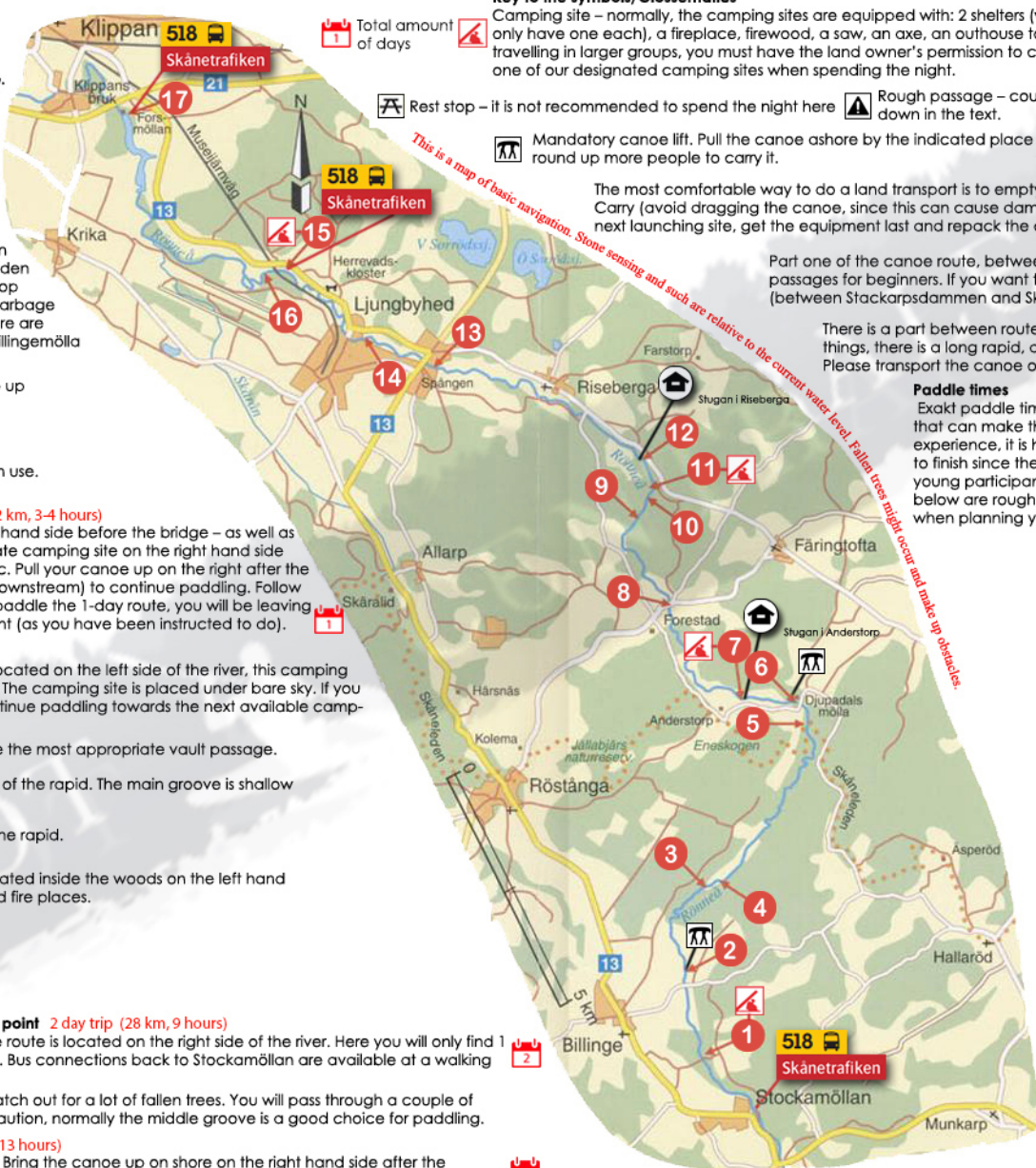
**15 The Herrevadskloster camping site and assembly point 2 day trip (28 km, 9 hours)**

The last camping site of the first part of the canoe route is located on the right side of the river. Here you will only find 1 shelter. Herrevadskloster is also an assembly point. Bus connections back to Stockamöllan are available at a walking distance.

**16** Keep to the right after the railroad bridge and watch out for a lot of fallen trees. You will pass through a couple of smaller rapids on your way to Forsmöllan. Keep caution, normally the middle groove is a good choice for paddling.

**17 The Forsmöllan assembly point 3 days trip (37 km, 13 hours)**

The canoe route is finished at the Forsmöllan-dam. Bring the canoe up on shore on the right hand side after the dam. Here you will find a toilet and a garbage can. Bus connections back to Stockamöllan are available at a walking distance.



**Key to the symbols/Glosses**

**Camping site** – normally, the camping sites are equipped with: 2 shelters (with exceptions from Gunnaröd and Herrevadskloster that only have one each), a fireplace, firewood, a saw, an axe, an outhouse toilet, a garbage can and space for raising tents. When travelling in larger groups, you must have the land owner's permission to camp elsewhere. If you have not acquired this, you must use one of our designated camping sites when spending the night.

**Total amount of days**

**Rest stop** – it is not recommended to spend the night here

**Rough passage** – could require some reconnoitering or land transport, see further down in the text.

**Mandatory canoe lift**. Pull the canoe ashore by the indicated place and follow the signs. Is the canoe too heavy? Unload it, or round up more people to carry it.

The most comfortable way to do a land transport is to empty the canoe of all equipment and luggage before doing so. Carry (avoid dragging the canoe, since this can cause damage to both the canoe and the ground) the canoe to the next launching site, get the equipment last and repack the canoe before setting off.

Part one of the canoe route, between Stockamöllan and Forsamöllan, offer some difficult passages for beginners. If you want to avoid these, we recommend you start with part two (between Stockarpsdammen and Skalderviken in Ängelholm).

There is a part between route 1 and 2 that is very difficult to paddle. Amongst other things, there is a long rapid, a shooting range and long bridges. Paddling is not advised. Please transport the canoe on land.

**Paddle times**

Exact paddle times are hard to estimate. Weather conditions is one thing that can make the trip longer than expected. With no previous paddling experience, it is harder to paddle straight and large groups often take longer to finish since there is not always room for everyone at for example lifts. Many young participants tend to elongate their travel time. The paddle times below are rough estimates but can, with some common sense, be used when planning your journey.

**Estimated paddle times in a beginner's pace**

Stockamöllan – Djupadalsmölla	4 hours
Djupadalsmölla – Herrevadskloster	5 hours
Herrevadskloster – Forsmöllan	4 hours

**Tips for keeping your equipment dry**

Pack the equipment in small, water proof bags and place these in a backpack or a sports bag. Put it all in a large garbage bag and enclose safely. Use more than one garbage bag per packed item as an extra precaution. Enclose with a strap or a rope and secure it to the canoe, so it will stay put should the canoe go under. This will keep your equipment as dry as possible come rain or involuntary baths.

**Drinking water**

If it is not possible to fill up on drinking water during the canoe trip. Therefore you should have several well-filled cans of fresh drinking water in the canoe. You should also bring drinking bottles. Please remember to drink plenty of water during the days when the temperature is high and the sun is up. The water you bring with can also be used for cooking, laundry and hygienic purposes. If there is water left by the end of the canoe trip, use it to clean off the canoe.

**Contact**

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Please make your reservation through our booking form, which you can find at Kanotcentralen.se

Kanotcentralen wishes you a pleasant summer!

